

EXERCISE OF SHARE OPTIONS

CALGARY, ALBERTA (September 9, 2022) - Touchstone Exploration Inc. ("Touchstone" or the "Company") (TSX, LSE: TXP) announces that on September 8, 2022, non-executive director Stanley Smith exercised share options representing a total of 91,665 common shares of no par value in the Company ("Common Shares") at a price of C\$0.48 per Common Share that were previously granted in 2020 in accordance with the Company's Share Option Plan.

Application has been made for the 91,665 new Common Shares, which will rank pari passu with the Company's existing issued share capital, to be admitted to trading on AIM ("Admission"), which is expected on September 15, 2022. Immediately following Admission, the Company's issued share capital will consist of 213,112,826 Common Shares. The Company does not hold any Common Shares in treasury. This figure may be used by shareholders to determine if they are required to notify their interest in, or a change to the interest in, the Company.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them in accordance with the Market Abuse Regulations.

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Stanley Smith	
2	Reason for the notification		
a)	Position/status	Non-executive Director	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, emission	allowance market participant, auction platform, auctioneer	
	or auction monitor		
a)	Name	Touchstone Exploration Inc.	
b)	LEI	2138008URBSUC1J24J73	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each		
		ate; and (iv) each place where transactions have been	
	conducted		
a)	Description of the financial	Common shares of Touchstone Exploration Inc.	
	instrument, type of instrument		
	Identification code	CA89156L1085	
b)	Nature of the transaction	Exercise of 91,665 common share options	
c)	Price(s) and volume(s)	Effective Prices Volumes	
		C\$0.48 91,665	
d)	Aggregated information	Aggregated volume: 91,665 share options exercised	
	 Aggregated volume 	Aggregated price: C\$0.48	
	- Price	Aggregated total C\$43,999.20	
e)	Date of the transaction	8 September 2022	
f)	Place of the transaction	Off market transaction	

Touchstone Exploration Inc.

Touchstone Exploration Inc. is a Calgary, Alberta based company engaged in the business of acquiring interests in petroleum and natural gas rights and the exploration, development, production and sale of petroleum and natural gas. Touchstone is currently active in onshore properties located in the Republic of Trinidad and Tobago. The Company's common shares are traded on the Toronto Stock Exchange and the AIM market of the London Stock Exchange under the symbol "TXP".

For further information about Touchstone, please visit our website at www.touchstoneexploration.com or contact:

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