

DIRECTOR / PDMR SHAREHOLDING

CALGARY, ALBERTA (June 1, 2022) - Touchstone Exploration Inc. ("Touchstone" or the "Company") (TSX, LSE: TXP) reports that on May 31, 2022, Mr. John Wright, Non-executive Director and Chair of the Board of Directors of the Company, purchased 200,000 common shares of the Company ("Common Shares") into a registered retirement savings plan ("RRSP") and concurrently sold 200,000 Common Shares from his personal holdings. Following the transactions there was no change to Mr. Wright's beneficial holding, and his interest in the Company remains at 5,010,348 Common Shares, representing approximately 2.4% of the Company's issued share capital.

The notification below, made in accordance with the requirements of the UK Market Abuse Regulation, provides further detail of the transactions.

1	Details of the person discharging managerial responsibilities / person closely associated				
a)	Name	John D. Wright			
2	Reason for the notification				
a)	Position/status	Non-executive Director			
b)	Initial notification /Amendment	Initial notification			
3	Details of the issuer, emission	f the issuer, emission allowance market participant, auction platform, auctioneer			
	or auction monitor				
a)	Name	Touchstone Exploration Inc.			
b)	LEI	2138008URBSUC1J24J73			
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each				
	type of transaction; (iii) each da	tion; (iii) each date; and (iv) each place where transactions have been			
	conducted				
a)	Description of the financial	Common shares of Touchstone Exploration Inc.			
	instrument, type of instrument				
	Identification code	CA89156L1085			
b)	Nature of the transaction	Purchase of Common Shares into a RRSP			
		Sale of Common Shares from a personal holding			
c)	Price(s) and volume(s)	Effective Price	Volumes		
C)	Price(s) and volume(s)				
		·	200,000		
		2. C\$1.45	200,000		
d)	Aggregated information	N/A (equal purchase and sale)			
	 Aggregated volume 				
	- Price				
e)	Date of the transaction	May 31, 2022			
f)	Place of the transaction	Toronto Stock Exchange			

Touchstone Exploration Inc.

Touchstone Exploration Inc. is a Calgary, Alberta based company engaged in the business of acquiring interests in petroleum and natural gas rights and the exploration, development, production and sale of petroleum and natural gas. Touchstone is currently active in onshore properties located in the Republic of Trinidad and Tobago. The Company's common shares are traded on the Toronto Stock Exchange and the AIM market of the London Stock Exchange under the symbol "TXP".

For further information about Touchstone, please visit our website at www.touchstoneexploration.com or contact

Touchstone Exploration Inc.

Mr. Paul Baay, President and Chief Executive Officer Tel: +1 (403) 750-4487

Mr. Scott Budau, Chief Financial Officer

Shore Capital (Nominated Advisor and Joint Broker)

Daniel Bush / Toby Gibbs / Michael McGloin Tel: +44 (0) 207 408 4090

Canaccord Genuity (Joint Broker)

Adam James / Henry Fitzgerald O'Connor / Thomas Diehl Tel: +44 (0) 207 523 8000

Camarco (Financial PR)

Billy Clegg / Emily Hall / Lily Pettifar Tel: +44 (0) 203 781 8330